

Envision COACH TRAINING



ICF Level 1 - ACC Certification Pathway

Established in 2010, Envision Coach Training provides online coach training and credentialing to independent life, business, and executive coaches, as well as professionals who use coaching skills in their leadership and management roles inside organizations.

Our programs teach the high-level coaching skills necessary to help others achieve their goals and manifest positive change in their lives and work.

The Program

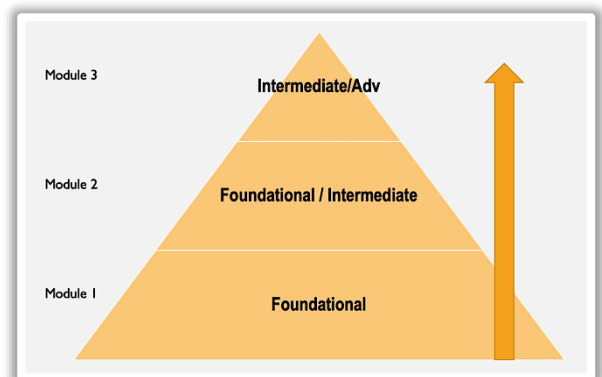
The Level 1 - ACC Certification Fast-Track Pathway includes:

- ✓ 70 hrs Coach Specific Training
 - 10.5 Asynchronous hours of your training are accessed via our state-of-the-art online learning platform. 59.5 Live hours are via Zoom.
- ✓ 10 hrs Mentor Coaching
 - Mentor coaching is both individual and small group via Zoom.
- ✓ ACC Performance Evaluation

Once you've completed the training portion you will receive your Certified Envision Coach (CEC) diploma. Once you've completed the full Level 1 Program, you'll receive a Certificate of Completion which you may use to apply for an ICF ACC credential.



Your coach training will be highly interactive.



The training progressively builds from one module to the next, deepening your skills as you go.

Contact us at justina@envisioncoachtraining.com

MODULES

1 – FOUNDATION FOR POWERFUL COACHING

"(It was) the most incredible journey and transformation I have ever experienced... A truly wonderful gift..." - Kathryn Underhill - Chevron

Introducing the Models for Coaching
 Coaching Ethics
 Core Coaching Competencies
 Levels of Engagement
 Role Parameters
 Powerful Inquiry & the Craft of Coaching
 Building the Coaching Relationship
 Crafting Powerful Questions
 Direct Communication Skills

2 - DEEPENING YOUR PRACTICE AS A COACH

"I am convinced this is the best coaching training available." - Heidi Sherick, Ph.D - University of Michigan

Self as Instrument
 The Quest of Your Questions
 Multiple Perspectives
 Engaging Metaphors
 Direct Communication
 Working with Multiple Modalities
 Powerful Statements

3 – COACHING SYSTEMS FOR INTEGRATION

"This was, by far, the best development experience I have had in my life. It will be a highly valuable investment in your career." Don. W Hoffman - Sutter Health

Power Dynamics
 Working Virtually with Individuals and Groups
 Creating Coaching Engagements
 Accountability and Feedback Systems
 Intrapersonal Conflict Integration
 Establishing Engagement Plans

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DATES & TIMES

A-SYNCHRONOUS Online Training - video presentations, coaching demonstration, and assignments.

Between 10/06/26 –10/25/26 (8 hrs)
 Between 10/29/26 –11/04/26 (10 mins)

LIVE interactive webinar presentations, group applications and coaching exercises.

10/27/26 : 9:00 am—12:15 pm (PT) / 11:00 am—2:15 pm (CT)
 10/29/26 : 9:00 am—10:50 am (PT) / 11:00 am—12:50 pm (CT)
 11/03/26 : 9:00 am—11:20 am (PT) / 11:00 am—1:20 pm (CT)
 11/05/26 : 9:00 am—12:55 pm (PT) / 11:00 am—2:55 pm (CT)
 11/10/26 : 9:00 am—11:45 am (PT) / 11:00 am—1:45 pm (CT)
 11/12/26 : 9:00 am—1:00 pm (PT) / 11:00 am—3:00 pm (CT)
 11/17/26 : 9:00 am—11:05 am (PT) / 11:00 am—1:05 pm (CT)

A-SYNCHRONOUS video presentations, coaching demonstration, and assignments.

Between 12/08/26 –01/05/27 (1 hr 30 mins)

LIVE interactive webinar presentations, group applications and coaching exercises.

11/19/26 : 9:00 am—11:10 am (PT) / 11:00 am—1:10 pm (CT)
 12/01/26 : 9:00 am—12:45 pm (PT) / 11:00 am—2:45 pm (CT)
 12/03/26 : 9:00 am—12:20 pm (PT) / 11:00 am—2:20 pm (CT)
 12/08/26 : 9:00 am—12:30 pm (PT) / 11:00 am—2:30 pm (CT)
 12/10/26 : 9:00 am—11:25 am (PT) / 11:00 am—1:25 pm (CT)
 12/15/26 : 9:00 am—10:20 am (PT) / 11:00 am—12:20 pm (CT)
 12/17/26 : 9:00 am—11:05 am (PT) / 11:00 am—1:05 pm (CT)

A-SYNCHRONOUS coaching assignment.

Between 01/06/27 –01/25/27 (50 mins)

LIVE interactive webinar presentations, group applications and coaching exercises.

01/05/27 : 9:00 am—12:05 pm (PT) / 11:00 am—2:05 pm (CT)
 01/07/27 : 9:00 am—12:50 pm (PT) / 11:00 am—2:50 pm (CT)
 01/12/27 : 9:00 am—10:40 am (PT) / 11:00 am—12:40 pm (CT)
 01/14/27 : 9:00 am—11:10 am (PT) / 11:00 am—1:10 pm (CT)
 01/19/27 : 9:00 am—10:45 am (PT) / 11:00 am—12:45 pm (CT)
 01/21/27 : 9:00 am—12:25 pm (PT) / 11:00 am—2:25 pm (CT)
 01/26/27 : 9:00 am—11:50 am (PT) / 11:00 am—1:50 pm (CT)
 01/28/27 : 9:00 am—11:00 am (PT) / 11:00 am—1:00 pm (CT)

A-SYNCHRONOUS closeout.

01/28/27 (5 mins)